

# YOU'RE NEVER TOO COOL FOR AN E-SAFETY RULE!



## Remain a mystery!

Stay safe by being careful not to give out personal information such as: your full name, address, school name, a photo or mobile phone number.

Tip: Use a fun nickname instead.



## Think before you post!

Never post anything that could upset someone.  
Only post photos that you want to post. Also be careful of background details when posting photos.



## Don't meet strangers!

Meeting someone you have only spoken to online is very dangerous. If someone asks to meet you inform an adult immediately

Remember: Friends are people that you actually know, not people you have only met online.



Tip: Don't accept friend requests or open pictures/messages from people you don't know

## Don't always trust!

Information that you find on the internet may not be true. People you meet online could be lying about who they are.



## Tell an adult!

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if someone you know is being bullied online. You can report online abuse to the police at [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) or you can also contact Childline on 0800 1111.

